



The School-Based Mental Health Bundle

Every child deserves access to a qualified mental health professional

➤ The SBMH Bundle from Educational Impact

Courses specially designed to support recruitment and retention efforts of effective educators, promote professional retraining of existing mental health providers, and increase the diversity and cultural and linguistic competency of school staff, especially school-based mental health services providers.

➤ Courses for SBMH staff, classroom teachers, & administrators

- Trauma-Informed Schools
- Student Wellness
- SBMH Skill Builders
- Teacher Wellness
- Restorative Practices

➤ Engage Your Staff

Real Classroom Examples

Unlike other PD courses, EI brings theories and strategies to life with real classroom examples.

Practical Learning Activities

Our courses are not sit-and-get! Learners are encouraged to reflect, collaborate, and apply knowledge throughout each course.

Hot Topics

The EI Premium Library is always growing with courses on the most-requested topics from around the country.

Credits & Accountability

Learners automatically earn credits and/or certificates of completion after passing EI's end-of-course assessment at 80% or better.





➤ **Trauma-Informed Schools**

- Help for Billy
- Recognizing and Responding to Trauma
- Language of Trauma
- Supporting Learning Communities Through Grief
- Creating a System of Care to Address Trauma in Schools
- Developing a Trauma-Informed, Building-Wide Leadership Team
- Applying Data to Determine Trauma Interventions



➤ **SBMH Skill Builders**

- SBMH Scenarios: Effective 1:1 Interactions with School-Based Mental Health Practitioners
- 6 Lessons for SBMH Practitioners
- Communication Shifts
- Circle Up for Conflict Resolution
- Restorative Practices: Responsibility, Healing, and Hope
- Emergency Safety Interventions

➤ **Teacher Wellness**

- 7 Keys to Teacher Wellness
- Family Culture and Relationships
- Teacher Self-Regulation

➤ **Restorative Practices**

- Restorative Practices: Bridging Differences and Transforming Culture
- Restorative Practices: Responsibility, Healing, and Hope
- Restorative Practices: Deep Dive into Circles (Elementary)
- Restorative Practices: Deep Dive into Circles (Secondary)

➤ **Student Wellness**

- Overcoming Negative Belief Systems, featuring Heather Forbes, LCSW
- Powerful Tools to Help Kids Overcome Stress
- Art Smart Classrooms
- Emotional Regulation: Helping Children Express & Cope with Their Feelings

